

# Designing Comfort: How Assistive Technology Can Relieve Joint Pain

June 29, 2026

This is a list of all of the devices shown in the webinar. Devices with an asterisk (\*) are available for loan or demonstration at the [AT4Maine Lending Library](https://at4maine.org/) (https://at4maine.org/). When no link is provided, suggested search phrases are given.

## Assistive Technology Devices Shown in the Webinar

### Bathing

- Long Handle Bath Sponge
- Faucet Extender
- Battery Powered Bath Lift

### Grooming

- [EaZyHold Universal Cuff](https://tinyurl.com/34chm7fk)\* (https://tinyurl.com/34chm7fk)
- [Freedom Wand](https://tinyurl.com/57u2kt9d)\* (https://tinyurl.com/57u2kt9d)
- Long Handled Hairbrush
- Long Nail Clippers

### Toileting

- Toilet Safety Frame
- Toilet Seat Elevator
- Folding Toilet Tissue Aid

### Dressing

- [Mini Button Hook/ Zipper Pulls](https://tinyurl.com/yck4kw46)\* (https://tinyurl.com/yck4kw46)
- [Hip Kit](https://tinyurl.com/mvycj269)\* (https://tinyurl.com/mvycj269)

### The Kitchen

- [Cook-Helper One-Handed Cutting Board](https://tinyurl.com/3tkdfz5j)\* (https://tinyurl.com/3tkdfz5j)
- [Forward Right-Angle Knife](https://tinyurl.com/9knyzc78)\* (https://tinyurl.com/9knyzc78)
- Palm Peeler
- [NULU Knife with Sheath](https://tinyurl.com/mrymxdz5)\* (https://tinyurl.com/mrymxdz5)

### Openers

- [Jar Openers](https://tinyurl.com/yvufhmtr)\* (https://tinyurl.com/yvufhmtr)
- [Bottle Opener](https://tinyurl.com/2z7k2k5w)\* (https://tinyurl.com/2z7k2k5w)
- [Instacan Electric Jar Opener](https://tinyurl.com/mwdsbds5)\* (https://tinyurl.com/mwdsbds5)
- Kitchen Mama



www.mainecite.org

info@mainecite.org

207-621-3195

## Dining

- [Bendable Soup Spoon\\*](https://tinyurl.com/3fexvzax) (https://tinyurl.com/3fexvzax)
- [Built-Up Utensils \(Set of 4\)\\*](https://tinyurl.com/2u5p2vjj) (https://tinyurl.com/2u5p2vjj)
- [Dignity 2-Handled Mug\\*](https://tinyurl.com/4assuknx) (https://tinyurl.com/4assuknx)
- [Non-Slip Place Mat\\*](https://tinyurl.com/j7e6f9kk) (https://tinyurl.com/j7e6f9kk)

## Errands

- [Amazon Echo Dot\\*](https://tinyurl.com/2aw4j6mw) (https://tinyurl.com/2aw4j6mw)
- [Kasa Smart Plug Ultra Mini\\*](https://tinyurl.com/2kwwszjv) (https://tinyurl.com/2kwwszjv)
- [Rubber Door Handle Extension\\*](https://tinyurl.com/345pm3cd) (https://tinyurl.com/345pm3cd)
- [Grocery Gripps\\*](https://tinyurl.com/5y8hp85f) (https://tinyurl.com/5y8hp85f)

## Driving and Riding

- Leg Lifter
- [Easy Reach Seat Belt Handle\\*](https://tinyurl.com/35u9chet) (https://tinyurl.com/35u9chet)
- [Memory Foam Steering Wheel Cover\\*](https://tinyurl.com/32zy2ht2) (https://tinyurl.com/32zy2ht2)

## In the Office

- [Assorted Pencil Grips\\*](https://tinyurl.com/4xke74bj) (https://tinyurl.com/4xke74bj)
- [Ring Writer Clip\\*](https://tinyurl.com/3wdfa7v5) (https://tinyurl.com/3wdfa7v5)
- [Arthwriter Hand Aid\\*](https://tinyurl.com/35wdmanc) (https://tinyurl.com/35wdmanc)
- [Steady Write Writing Pen\\*](https://tinyurl.com/36dufaff) (https://tinyurl.com/36dufaff)
- [Right Hand Vertical Ergonomic Mouse\\*](https://tinyurl.com/3rr74w2r) (https://tinyurl.com/3rr74w2r)
- [Self-Opening Scissors\\*](https://tinyurl.com/425hm832) (https://tinyurl.com/425hm832)
- [Battery-Operated Scissors\\*](https://tinyurl.com/ns6c3vvp) (https://tinyurl.com/ns6c3vvp)
- [Natural Ergonomic 4000 Keyboard\\*](https://tinyurl.com/ch877frm) (https://tinyurl.com/ch877frm)

## Ergonomics

- Flexible tablet mount with clamp
- [Sit Stand Stool\\*](https://tinyurl.com/mtc2aaa3) (https://tinyurl.com/mtc2aaa3)
- [Well Desk Adjustable Standing Desk\\*](https://tinyurl.com/4apd8h79) (https://tinyurl.com/4apd8h79)

## Garden Tools

- [Long Reach Garden Tools\\*](https://tinyurl.com/vyxy4ced) (https://tinyurl.com/vyxy4ced)
- [Garden Rocker Rolling Seat\\*](https://tinyurl.com/mw38ybwn) (https://tinyurl.com/mw38ybwn)
- [Garden Scissors\\*](https://tinyurl.com/7zpzw5sn) (https://tinyurl.com/7zpzw5sn)

## Yardwork Tools

- [D Ring\\*](https://tinyurl.com/ykcr99db) (https://tinyurl.com/ykcr99db)
- [Long Reach Cut'n'Hold Pruner\\*](https://tinyurl.com/4auy5vfb) (https://tinyurl.com/4auy5vfb)
- [Weed N Till Long Garden Weeder\\*](https://tinyurl.com/28f364mn) (https://tinyurl.com/28f364mn)

## Recreation

- [Playing Card Holders\\*](https://tinyurl.com/58wvduy8) (https://tinyurl.com/58wvduy8)
- [Automatic Card Shuffler\\*](https://tinyurl.com/yw2xh5ph) (https://tinyurl.com/yw2xh5ph)
- [Page Turner\\*](https://tinyurl.com/wyyufvff) (https://tinyurl.com/wyyufvff)
- [Circular Knitting Needles with Triangular Grip\\*](https://tinyurl.com/d2zm5vda) (https://tinyurl.com/d2zm5vda)
- Ergonomic Crochet Hook Grips

## Bedtime

- [Ezy Dose Medtime Planner\\*](https://tinyurl.com/mrxzers2) (https://tinyurl.com/mrxzers2)
- [Switchmate\\*](https://tinyurl.com/p9r2nrzt) (https://tinyurl.com/p9r2nrzt)
- Blanket Lifter for Feet
- EZClicker Remote
- [Smart LED Light Bulb\\*](https://tinyurl.com/2rp2m6je) (https://tinyurl.com/2rp2m6je)